



# Ostergrüße 2020 aus Kenia

Happy Easter to you and the family. We are all in quarantine as we celebrate the season of Resurrection. Its been another way of life for all of us.

We continue to attend to the patients for emergencies and those who can not stay at home with pain. Patients have been encouraged to stay home unless really necessary. We have partial lock-down in 3 counties Nairobi Metropolitan area that includes Thika, with Curfew 7 pm to 5 am. this has brought a challenge to some of our staff who live outside Thika that is beyond blue post on the high way and just before fourteen falls. So we had to rearrange for them to go on leave.

Last Monday in the evening we admitted a young man with all the signs of having the Corona-virus, but was so uncooperative and decided to go against medical advice. But the next morning we followed him up since we had the contact address just the compound near the hospital. He accepted and was admitted at level 5 now waiting for the results.

This evening too somebody called me that the watchman was having shortness of breath. But he told me he has history of ulcers and when the pain is there then he has shortness of breath. So they brought to the hospital and he was now treated for ulcers. People are taking the information seriously.

We are blessed that we purchased protective gears for our staff and patients. Soap an water 20 L drums are placed at strategic places and sanitizes are available in all the wards and main entrance. The staff are able to wear masks while in hospitals as well as in public places. So the store keeper is quite alert giving each staff one mask everyday. We have gowns and goggles for Dental, Outpatient isolation and operating theatre and when ever they suspect a patient they take precaution.

We have also made some gowns for Outpatient staff to wear while on duty and change into their clothes when going home. Disinfect them and wear them the next day. This has given them confidence that they do not take the virus home.

We are grateful indeed for your support. I know that it might take few months in our country as the numbers continue. People who were earning a living through selling are really affected and you feel like crying when you listen to the news. Prices of foo staffs have gone up. We are also buying only what we need. So hard times are still to come.

May the Risen Lord bring us true peace in this world.

With gratitude always.

Sr. Bernadette