



Hilferuf aus Kenia

Dear Dr. Paul,

Greetings from me and I was happy to learn you are well and even thinking so hard for us. Yes its almost two weeks now since we got the first coronavirus case. Since the 13th of March when the first case was announced today the number has reached 31 this evening. one was announced as recovered fully and one died today aged 66 yrs. He was in a private hospital with Diabetes.

Since the announcement we started looking for protective gears like N95 face masks, and surgical face masks etc. We got some as we could not afford much. Now that its going to take long we are worried for our own protection and we can not run away from patients who are coming. The numbers have reduced as people are encouraged to stay at home. The staff are there ready to work but anxious with limited protection. We are still waiting for the government to assist us as always its like not enough for them and so hard to share available resources. They have promised but we are waiting still.

We have made part of the out patient as isolation area to examine suspected cases. After which we need to report to the level 5 where there have the Isolation ward with 10 Beds. These are not enough and we know that once its full they will not accept cases from us. So we still need to be ready for eventualities. Which is a big worry to me. We can not manage with limited and no resources to keep confirmed cases.

The ministry people came to inspect our preparedness and were happy only that we have prepared one bed just for that patient to be there and referred after confirmation. With reduced patients in both outpatient and inpatient, another worry of remuneration heats me but there is nothing I can do since everyone is seeing the reality. So I need to be strong to give hope to the staff while inside me am worried more than the staff themselves. We hope God will soon intervene and bring this pandemic to an end.

We need so much protective items for both the staff and the patients. If there is a possibility these are the items we need. What is sad is that the prices have gone twice or thrice than before the pandemic.

These are:

- Face masks
- Disposable Gown
- N95 masks
- Hand sanitizers 500mls
- Hand wash soap 500mls
- Clear Goggles
- Disposable aprons
- Methylated Spirit
- Calcium Hypo jik
- Nylon gloves
- Infra red thermo
- Sani Higiene
- Saiquad
- Latex gloves
- Above elbow Gloves
- Nurses Caps
- Steranios

These are the items we need and are not enough to see us through in the next two weeks. We are just there in hope. If you need more information on the same I will do a budget. Though the store person checked on how much the cos of items, how she has been supplying to the department and said for the next 4 months we would the total amount of Ksh. 1,876, 035.

Thank you for thinking of us and asking what we need. We are taking care of the sisters through education and following the guidance as released by the ministry of health. Always with gratitude and God bless you.

Sr. Bernadette.